

#### ART 1. ORGANIZING COMMITTEE

Sport PRO-MOTION A.S.D. organize the XVIII Lago Maggiore Half Marathon (further LMHM) on SUN 08.03.2026.

Organizing Committee (further OC): Sport PRO-MOTION A.S.D. - Via Maurizio Muller, 37 - 28921 Verbania Intra (VB), Italia  
LMHM@pro-motion.it - www.LMHM.it

#### ART 2. REGISTRATION OFFICE

Registration by EVODATA S.r.l., enquires about registration: [LMHM@evodata.it](mailto:LMHM@evodata.it)

#### ART 3. RULES ACCEPTANCE - PRIVACY POLICY - IMAGE RIGHTS

Every participant declare, by registering to the XVIII LMHM held on SUN 08.03.2026, to fully accept present regulation. Participants declares also to provide correct and true information/data (Italian art. 2 law 04/01/1968 n° 15 as modified with art. 3 comma 10 law 15/05/1997 n° 127) discharging the OC for any responsibility, both civil and criminal liability, caused by participating at the race. The OC can modify event regulation at any time to ensure safety for participants and public publishing variations on [www.LMHM.it](http://www.LMHM.it). Participants declares to have read and accepted data processing and image rights conditions published on section "PRIVACY" at [www.LMHM.it](http://www.LMHM.it).

#### NON COMPETITIVE RACES

To register at distances part of the event and be covered by insurance, all participants will be automatically affiliated to a promotional sport club for SUN 08.03.2026. Every participant hereby declare: "To accept an fully acknowledge event rules and to be 18 years old on race day, be aware that participating at one of the distances part of the LMHM and/or sport events in general is a potential risk activity if the person is not well trained and in good physical condition. To be conscious that all participants must hold a sport agonistic medical certificate valid on race date, to enter the race consciously assuming full responsibility for all risks arising from participation as falls, contacts with vehicles, other participants, spectators or items, any weather conditions including extreme heat, cold and/or humidity, traffic and road conditions and any type of risk known and evaluated by myself. By subscribing to LMHM, I declare to know and respect these rules and to entirely accept the following waiver of liability; being aware of this, considering the acceptance of my entry application, I, for myself only and not on behalf of anyone else, fully raise the OC, the promotional sport club, promoters, councils along the course, Province of Verbano Cusio Ossola, Region Piedmont, all sponsors, representatives, successors, officers, directors, members, agents and employees of companies mentioned above, from all present and future claims for liability of any kind, known or unknown, consequential to my participation at the event.

#### ART 4. EVENT PROGRAMME

Time variation will be possible due to organizational reasons.

Courses part of the LMHM are "Point to Point" course category "A" (Half Marathon) and "B" (10 KM) certified by WA/AIMS/FIDAL; courses considered fast and ideal for good performances, entirely asphalted, traffic free and signs at every KM.

START schedule:

**10.00 am Half Marathon**

START Stresa, FINISH Verbania Pallanza

**11.00 am 10 KM**

START Verbania Fondotoce (front entrance camping "Isolino"), FINISH Verbania Pallanza

#### ART 5. ELIGIBILITY - REQUIRED DOCUMENTATION

##### COMPETITIVE RACES (All Distances)

Participants must be 18 yrs old (Half Marathon) and 16 yrs old (10 KM) on SUN 08.03.2026.

##### Holder Runcard FIDAL\*

- Agonistic Medical Certificate (template on [www.LMHM.it](http://www.LMHM.it) section "Registration/Download Area") valid on SUN 08.03.2026
- Runcard FIDAL

##### Member Sport Clubs from National Athletic Federation recognized by World Athletics

- Self-declaration attesting membership to a Sport Club recognized by National Federations (template on [www.LMHM.it](http://www.LMHM.it) section "Registration/Download Area")

##### NON COMPETITIVE RACES

Participants must be 18 yrs old on SUN 08.03.2026.

##### Half Marathon

- Liability Waiver (template on [www.LMHM.it](http://www.LMHM.it) section "Registration/Download Area")

##### 10 KM

- None

**\*NOTE:** Runcard FIDAL (Italian Athletic Federation) is a compulsory card to compete at agonistic races in Italy for athletes not members of foreign Sport Clubs and it is comprehensive of insurance. Runcard FIDAL subscription ([www.runcard.com](http://www.runcard.com)) is valid for one year at any Italian road running competition and must be valid on race day; respecting Runcard FIDAL rules it is full responsibility of the athlete.

#### ART 6. REGISTRATION - MAX N° PARTICIPANTS

Registration will close at 2.500 participants or by the OC unquestionable decision.

##### ENTRY FEES - MAX N° PARTICIPANTS

HALF MARATHON	SLOT 01-400	SLOT 401-1000	SLOT 1001-2000	VILLAGE
MAX 2.000	€ 35	€ 40	€ 45	€ 55
10 KM	SLOT 01-100	SLOT 101-250	SLOT 251-500	VILLAGE
MAX 500	€ 25	€ 30	€ 35	€ 45

##### SERVICES INCLUDED

BIB	Disposable chip	Showers	Medical Assistance	Pacemaker Service
Official Gadget	FINISHER Medal	Changing Rooms	Race Certificate	Third Part Insurance
Deposit/Transport Clothes Bag	Refreshment/Sponge Points	Timing Points	WC	Clothes Bag
Shuttle BUS (10 KM)				

**ON-LINE** By 04.03.2025 at 23:59 pm  
On www.LMHM.it with easy, fast and secure system.  
Registration with payment by credit card or PAYPAL (commission applied).

**VILLAGE** 07-08.03.2026 (only cash payment)  
Providing: Registration form fulfilled/undersigned  
Supplementary documents required (see art. 5)

**ART 7. REFUND - REGISTRATION TRANSFER - VARIATION****REFUND**

Fees refund are not possible; in case of event cancellation due to major forces, the OC will not reimburse entry fees but will evaluate the transfer to next edition.

**REGISTRATION TRANSFER**

Athletes who cannot participate has the option "Transfer Registration Fee" to LMHM 2027 to the same distance selected at LMHM 2026. Requests to be send via e-mail to LMHM@pro-motion.it by 15.02.2026 attaching a payment receipt worth € 10,00 commission fee (on payment order specify exp. "Transfer Paul Bright LMHM 2027/Half Marathon").

Applicants must apply again their registration for LMHM 2027 within 30 days prior the event.

Bank Transfer (participants must cover commission fees) to Sport PRO-MOTION A.S.D. - Banca Intesa Sanpaolo ag. Baveno (VB), Italy:

IBAN: IT 65 U030 6945 1611 0000 0000 774 - SWIFT/BIC: BCITITMMXXX

**VARIATION: RACE DISTANCE/ NAME / RACE TYPE**

It will be possible to variate "Race Distance / Name / Race Type" with requests to be send via e-mail to LMHM@pro-motion.it by 15.02.2026 attaching a payment receipt worth € 10,00 commission fee (on payment order specify exp. "Variation: Race Distance / Name / Race Type").

In case of race variation to longer distance it will be necessary to pay the cost difference based on registration fees valid on day of request; vice versa if the distance will decrease there will be no refund.

Bank Transfer (participants must cover commission fees) to Sport PRO-MOTION A.S.D. - Banca Intesa Sanpaolo ag. Baveno (VB), Italy:

IBAN: IT 65 U030 6945 1611 0000 0000 774 - SWIFT/BIC: BCITITMMXXX

**ART 8. BIB /RACE KIT COLLECTION - DELEGATION**

THU 05.03.2026, every participant will receive by e-mail the "CONFIRMATION LETTER"; this file must be saved in a digital format on a mobile device and provided alongside with the ID to collect the BIB.

**BIB DISTRIBUTION**

**VILLAGE LMHM - Event Centre "Palacongressi" - Piazzale Europa 3, Stresa**

FRI	06.03.2026	03.00 pm – 07.00 pm	All distances
SAT	07.03.2026	10.00 am – 07.00 pm	All distances
SUN	08.03.2026	08.00 am – 09.30 am	Only Half Marathon

**START AREA 10 KM - Verbania Fondotoce (front entrance camping "Isolino")**

SUN	08.03.2026	09.00 am – 10.45 am	Only 10 KM
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**DELEGATION**

On 06-07.03.2026, it will be possible to delegate a third person to pick-up BIB numbers; the appointed person must provide:

- Confirmation Letter printed/undersigned in original by delegating person + Delegation (attached to confirmation letter)
- ID copy of delegating person.

**ART 9. BIB - CHIP - TIMING**

**No BIB replacement available in case of loss.**

BIB/CHIP are strictly personal with no possibility to transfer it to a third person. It is responsibility of every participant to endorse BIB/CHIP and it is forbidden to modify it. Participants running without or modified BIB/CHIP will be disqualified and persecuted by sport and law authorities. Rankings done considering the official gun time; chip sensors will detect also the "Real Time" for each participant completing the race. Intermediate time will be recorded along the courses; participants not detected by these timing points or other points along the course monitored by race officials, will be automatically disqualified.

**ART 10. START SECTORS**

The OC will verify best times (PB) indicated during registration; following START sectors will be available based on best times with entrance allowed from:

**Half Marathon:** 09.30 am

**10 KM:** 10.30 am

**COMPETITIVE RACES:**

SECTOR	DISTANCE	BIB RANGE	SECTOR	DISTANCE	BIB RANGE
A	Half Marathon	01 - 999	B	Half Marathon	1000 - 1999
C	Half Marathon	2000 - 2999	D	Half Marathon	3000 - 3999
SINGLE	10 KM	4000 - 4999			

**NON COMPETITIVE RACES:**

SECTOR	DISTANCE	BIB RANGE
E	21K	5000 - 5999
SINGLE	10K	6000 - 6999

**ART 11. PARKING**

SUN 08.03.2026 all pay parking in Verbania will be free of charge for participants by placing, on car window, bottom part of the **CONFIRMATION LETTER** with the sign "P".

**ART 12. TRASPORT - FERRY BOATS**

SUN 08.03.2026, the OC will give strict priority to participants.

Tickets purchase option:

- At LMHM VLLAGE
- On race day outside wharfs at dedicated LMHM desks

Following fares will apply for open tickets:

Participant € 10  
 Non Participant € 10  
 Under 6 yrs. Free of charge

**Timetable Verbania Pallanza → Stresa:**

Stop	Run 1	Run 2	Run 3
Verbania Pallanza	08:30 (Departure)	12:15 (Departure)	13:15 (Departure)
Stresa	08:45 (Arrival)	12:30 (Arrival)	13:30 (Arrival)

**Timetable Stresa → Verbania Pallanza:**

Stop	Run 1	Run 2
Stresa	10:15 (Departure)	12:45 (Departure)
Verbania Pallanza	10:30 (Arrival)	13:00 (Arrival)

**ART 13. TRANSPORT - SHUTTLE BUS 10 KM**

**ATTENTION! The OC provides only post-race transportation from the FINISH AREA (Verbania Pallanza) direction START AREA (Verbania Fondotoce).**

SUN 08.03.2026 participants of 10 KM can use, free of charge by showing their BIB, shuttle BUS connecting the FINISH AREA (Verbania Pallanza) with the START AREA (Verbania Fondotoce, front entrance camping "Isolino") and Verbania train station.

**ART 14. TIME LIMIT**

At queue of Half Marathon race, there will be a "RACE END" vehicle; participants wishing to complete the race also if outside time limit, should take off their BIB and proceed as pedestrians following the Italian Road Code at their own responsibility.

Race Time Limits: **Half Marathon - 3h00' / 10 KM - 1h30'**

The OC will not guarantee road closures after following times when traffic will reopen; time limit last runner and traffic reopening at:

**5° Km** 0h45' - traffic reopen at 09.45 am      **10° Km** 1h30' - traffic reopen at 10.30 am      **15° Km** 2h15' - traffic reopen at 11.15 am  
**20° km** 2h50' - traffic reopen at 11.50 am      **FINISH** 3h00' - traffic reopen at 12.00 am

**ART 15. REFRESHMENT - SPONGE POINTS**

To protect the environment, every participant will receive one sponge to be carried for the entire race; we kindly ask participants to throw garbage near refreshment points to facilitate cleaning procedures. Below positions can be subject to variation due to organizational needs.

As per WA/AIMS/FIDAL rules there will be refreshment points, with indication of their placement (R=right or L=left), at KM 5.2 (R/L) - 10.0 (R/L) - 15.2 (R/L) - FINISH; at refreshment points will be available solid food (fruits) and drinks (water, isotonic drink and tea in case of low temperature). In case of high temperatures there will be also sponge points at KM 8.3 (L) - 12.2 (R) - 18.0 (R).

**ART 16. SHOWERS - WC**

Showers are located at FINISH Area in Verbania Pallanza; WC available at START/FINISH Areas and at refreshment points along the course.

**ART 17. FIRST AID - WITHDRAWAL**

Participants out of time limit overpassed by "RACE END" vehicle must take off their BIB and proceed as pedestrians following the Italian Road Code.

Medical assistance and first aid stations will be available at START/FINISH of every race with ambulances along the course and at the queue of the race. Athletes pulling out from the race should reach the nearest refreshment/sponge point and wait for the first aid team or the "RACE END" vehicle.

**ART 18. PACEMAKERS**

Pacemaker service will help only participants at competitive half marathon race to achieve their time target. Final target time available (**Half Marathon - 3 PACER/GROUP**):

**1h25'** (avg cca. 4'00"/Km) - **1h30'** (avg cca. 4'15"/Km) - **1h35'** (avg cca. 4'30"/Km) - **1h40'** (avg cca. 4'44"/Km) - **1h45'** (avg cca. 4'58"/Km) - **1h50'** (avg cca. 5'12"/Km)  
**1h55'** (avg cca. 5'27"/Km) - **2h00'** (avg cca. 5'41"/Km) - **2h10'** (avg cca. 6'10"/Km) - **2h20'** (avg cca. 6'38"/Km)

**ART 19. CHANGING ROOMS**

Changing rooms not supervised; the OC denies any liability for lost, damaged or stolen items.

**Half Marathon:** START Stresa (Event Centre "Palacongressi") FINISH Verbania Pallanza  
**10 KM:** START Verbania Fondotoce FINISH Verbania Pallanza

**ART 20. DEPOSIT/TRASPORT CLOTHES BAG**

The OC denies any liability for lost, damaged or stolen items; we recommend to not leaving any valuable items inside clothes bags.

Only bags supplied by the OC are accepted; along with BIB participants will receive a clothes bag with an adhesive label to be applied on it. At each START AREA participants can leave their bags inside trucks and re-collect it at the FINISH AREA.

Delivery: START AREA Half Marathon: **08.30 am to 09.45 am**  
 START AREA 10 KM: **09.30 am to 10.45 am**

**ART 21. AWARDS - RESULTS - CERTIFICATE**

No prize delivery after 01.00 pm on SUN 08.03.2026.

Rankings/race certificates available on [www.LMHM.it](http://www.LMHM.it).

**AWARD CEREMONY**

Award ceremonies will have following schedules at FINISH AREA in Verbania Pallanza with following timetable:

**11.30 am** 1-2-3 Position Man/Woman Overall Ranking Half Marathon  
**11.45 am** 1-2-3 Position Man/Woman Overall Ranking 10 KM  
**11.50 am** 1<sup>st</sup> Position Man/Woman Age Categories Half Marathon/10 KM  
**12.00 am – 01.00 pm** Delivery Prizes Age Categories Half Marathon/10 KM

**INDIVIDUAL PRIZES AGE CATEGORIES HALF MARATHON\***

First three classified of following male/female age categories will be awarded with shopping coupons or sport products:

PROMISES - SENIORES 23 (Unique Category) - SM/SF 35/40/45/50/55/60-65/70 and over.

**INDIVIDUAL PRIZES AGE CATEGORIES 10 KM\***

First classified of male/female age categories will be awarded with shopping coupons or sport products:

PROMISES - SENIORES 23 (Unique Category) - SM/SF 35/40/45/50/55/60-65/70 and over.

\* Not cumulative with General Ranking Prize Money

## ART 22. VEHICLE ALONG THE COURSE

Complying with local government ordinance, vehicles (including bicycles) not permitted on racecourse; law will punish breaches of the ordinance.

## ART 23. YOUR PICTURES

Race pictures available on race website [www.LMHM.it](http://www.LMHM.it).

## ART 24. HOW TO REACH US

**PLANE:** Milano Malpensa airport at about 60 Km

[www.sea-aeroportmilano.it](http://www.sea-aeroportmilano.it)

Shuttle BUS from/to Milan Malpensa or Milan Bergamo airports (booking requested)

[www.comazzibus.com/prenotazione\\_alibus.php](http://www.comazzibus.com/prenotazione_alibus.php)

[www.safduemila.com/linee/alibus-malpensa-lago-maggiore/](http://www.safduemila.com/linee/alibus-malpensa-lago-maggiore/)

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**CAR:** Highway A8 “Dei Laghi” with link to A26/E62 direction “Sempione” recommended exit:

BAVENO/STRESA      START AREA Half Marathon, VILLAGE

VERBANIA            START AREA 10 KM and FINISH AREA

[www.autostrade.it](http://www.autostrade.it)

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**TRAIN:** Direct connection from Milan, Turin, Geneva and Zurich. Train stops: Stresa and Verbania.

[www.trenitalia.com](http://www.trenitalia.com)

BUS Verbania train station - Verbania centre

[www.vcotrasporti.it/it/orari.php](http://www.vcotrasporti.it/it/orari.php)

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**BOAT:** Connection between Piedmont, Lombardy and Switzerland.

[www.navigazioneilaghi.it](http://www.navigazioneilaghi.it)